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Sacha Feeney-Howells

Debenham Swimming Pool Project

2nd May 2013

Dear Sacha,

Many thanks for letting me know of your potential funding application for the swimming pool.

As you are aware, The Debenham Project focuses on supporting carers of those with symptoms of dementia, and those that they care for. However, our longer term aim is to broaden our activities to include the support of all in our community who are, or may be at risk of becoming, elderly and frail. This has already happened in such activities as Fit Club where we offer chair-based exercises, with the twin objectives of improvement and prevention, but also with masses of fun and laughter. We are always looking for new ideas and opportunities, and I can see that a weekly "Swim Club" along similar lines to the Fit Club could be very beneficial.

So you certainly have our support and if I can help in any way please do not hesitate to contact me.

With kind regards,

Lynden Jackson
(Chairman)
The Debenham Project